

2026 WAKA AMA SPRINT NATIONALS

REGIONAL W1 QUOTA

RACE DIVISION	TTPCA	AROCA	TPOTI	TUOTR	HOE TONGA	TWOA
Int Men	6	10	5	7	4	4
Int Women	6	8	6	7	5	4
J16 Men	8	8	7	5	4	4
J16 Women	7	6	5	10	4	4
J19 Men	5	9	8	6	4	4
J19 Women	5	8	6	8	5	4
Open 23 Men	4	12	5	7	4	4
Open 23 Women	5	5	5	8	5	4
Premier Men	6	9	8	4	5	4
Premier Women	5	6	7	9	4	5
Master Men	6	11	6	5	4	4
Master Women	5	5	11	7	4	4
Snr Master Men	5	8	8	5	4	6
Snr Master Women	7	4	10	6	5	4
Gld Master Men	8	5	9	5	4	5
Gld Master Women	9	7	6	6	4	4
70+ Men	6	5	6	4	4	4
70+ Women	7	8	5	5	4	4
75+ Men	9	4	5	4	4	4
75+ Women	4	5	4	5	7	4
80+ Men	4	4	6	4	6	4
80+ Women	4	4	4	4	4	4